

CO In atmosphere (parts per million)	Signs and symptoms
10	No symptoms
25	TWA (Time-weighted average): The maximum average amount a worker is allowed to be continuously exposed to for a work day or work week.
70	Blood vessels widen, shortness of breath, tightness across the forehead
100	STEL (Short-term exposure limit): The maximum amount a worker is allowed to be exposed to for a 15-minute period.
120	Shortness of breath, headache with throbbing in temples
220	Headache, irritability, tiredness, impaired judgment, impaired vision, dizziness
350–520	Headache, confusion, fainting, collapse